



# *Preschool 1 Newsletter:*

## *September*

Hello everyone! As we get ready for back to school, we are excited to be welcoming new friends to our classroom! Our themes for the month will be: “Back to School,” “All About Me,” and apples. We hope that your child’s transition into a new school year will be a smooth one, and we are here to answer any questions that you may have.

### **Important Dates:**

- 🍏 September 7th- BCEEC CLOSED for Labor Day!

### **Birthdays:**

- 🍏 September 12th- Happy 3rd Birthday, Andrew!

### **New Reminders:**

- 🍏 Parents, please make sure your child has a change of seasonally appropriate clothing as we move into the cooler months. They should have a full set of extra clothes on hand.
- 🍏 Our biweekly Stretch & Grow program takes place on Fridays, and promotes healthy habits and exercise! Please have your child wear sneakers on these days!
- 🍏 Please make sure all lunch items are labeled, nut free, and separated!
- 🍏 Please no hot and cold foods together.
- 🍏 All lunches should come ready to serve or heat up, including items like Easy Mac which should be made at home to reheat at lunchtime. All food, such as meats, avocados, and larger foods should be cut and easy for children to eat independently.

### **Recurrent Reminders:**

- 🍏 Due to lack of space in our cubbies, please do not send backpacks to preschool.
- 🍏 In preschool, we are teaching and promoting independence when using the bathroom. While we do closely monitor and help them when needed, it is a GREAT help to us and your child, when they can easily pull bottoms down to use the bathroom. Please be aware when dressing your child, that clothes that are loose fitting and don’t have difficult closures are best for their successful trips in and out of the bathroom.
- 🍏 Every child needs to have a reusable, non-plastic, bag for nap items which should fit in your child’s cubby drawer. These bags help the children independently put their items away.

*Miss Jenn, Miss Andrea,  
Miss Madelyn*

